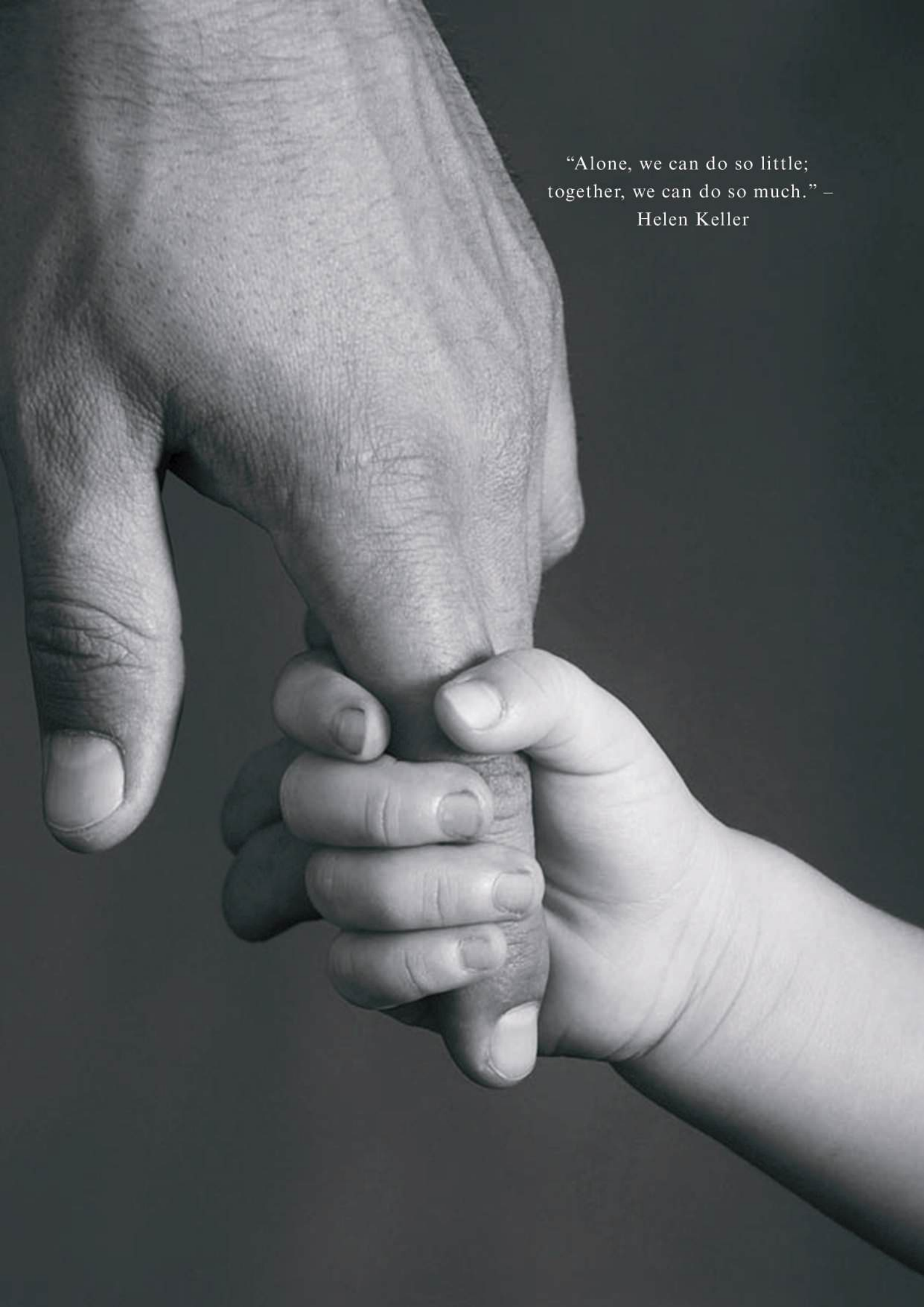




ANNUAL REPORT

2024 - 2025



A black and white photograph showing a close-up of an adult's hand holding a child's hand. The adult's hand is larger, with visible wrinkles and a textured skin surface. The child's hand is smaller, with smoother skin and visible fingernails. The hands are clasped together, with the child's fingers wrapped around the adult's thumb and index finger. The background is dark and out of focus.

“Alone, we can do so little;
together, we can do so much.” –
Helen Keller



SUPPORT

Support is the silent strength that lifts lives and builds communities - the quiet force that turns challenges into opportunities, struggles into strength, and hope into reality. It is the hand that lifts, the voice that encourages and the presence that reassures. At SAHAY, support is at the heart of everything we do; standing with communities, walking alongside them, nurturing resilience in times of crisis and empowering them to thrive.

We exist to extend a hand where it is needed most. Our approach is rooted in prudent stewardship, ensuring that every contribution is used wisely and responsibly to create lasting impact. We uphold a culture of mutual respect and dignity, where every voice matters and every life holds equal worth. We celebrate reward and recognition, not only for the milestones achieved but also for the resilience, courage and everyday acts of hope that communities embody.

Support is the promise we make to every community we serve. It reflects our belief that true change is possible only when we stand with communities, not above them. It is about being a partner in their journey, ensuring that every effort, no matter how small, becomes a stepping stone toward collective social good. Together with our supporters, partners and the communities themselves, we continue to create pathways of opportunity, strength and transformation - we extend solidarity, care and the assurance that no one walks alone.





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SAHAY, established in 1989 and headquartered in Kolkata, is a Not-For-Profit Organization registered under the West Bengal Societies Registration Act, 1961. SAHAY is committed to transforming the lives of individuals from marginalized communities through holistic and sustainable development initiatives. Anchored in its core values of equity, integrity, accountability and compassion, the organization has consistently strived to bridge gaps in education, health and livelihood opportunities for underserved population.

With over three decades of experience, SAHAY has built extensive outreach across rural and urban landscapes, adopting a grassroots approach that ensures inclusivity and relevance in its programs. Through its impact-driven model, the organization has successfully created measurable change - whether through mainstreaming education for children, skilling and empowering youth, strengthening family and community support systems or advancing child rights and protection.

Equipped with the bandwidth and resources to execute large-scale, integrated projects, SAHAY continues to leverage partnerships, community mobilization and innovative solutions to scale its interventions. Over the years, it has touched the lives of tens of thousands of children, youth and families, leaving behind a legacy of empowerment, resilience and social transformation.

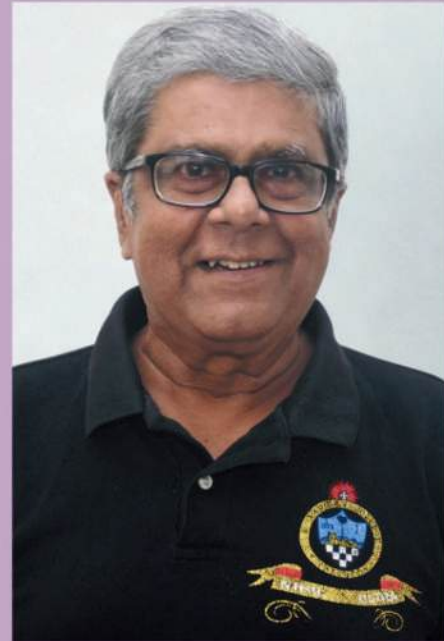




MESSAGE FROM THE PRESIDENT

“Do your little bit of good where you are; it’s those little bits of good put together that overwhelm the world.” – Desmond Tutu

Support is the very essence of our mission and our enduring promise to the communities we serve. This year, our collective efforts have once again demonstrated the power of support in transforming lives, enhancing agency, nurturing aspirations and building resilient futures.



Through career guidance, leadership and well-being initiatives, SAHAY has empowered children and youth to dream bigger and make informed choices. The early childhood intervention initiatives have laid the foundation for holistic growth, fostering health, nutrition, creativity and lifelong learning among the youngest beneficiaries.

SAHAY’s support also translated into meaningful, tangible improvements in the lives of families and individuals. From scholarships and smartphones that bridged the digital divide, to medical reimbursements, educational grants that eased hardships, every intervention reflected care, compassion and unwavering commitment. SAHAY walked alongside the youth in their academic journeys, celebrating their achievements and honouring their perseverance with encouragement and recognition.

Equally, our celebrations of important days like Environment Day, Sports Day, Children’s Day and International Youth Day brought communities together and promoted joy, solidarity and inclusivity, while Volunteers Day honoured the selfless spirit that fuels SAHAY’s mission. The numbers shared in this report are not mere statistics - they tell stories of hope, resilience and dignity. They reaffirm the core belief that when one stands together, one is able to create opportunities that uplift entire communities and open pathways to a brighter future.

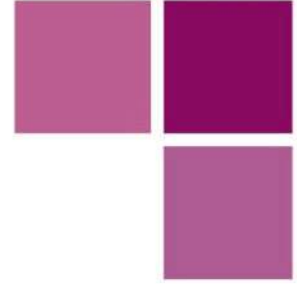
SAHAY extends heartfelt gratitude to partners, volunteers and well-wishers whose steadfast support has made this impact possible. Together, one hopes to pave the path for a better future for all concerned stakeholders.



S.V. Raman

President, Executive Board

SAHAY



MESSAGE FROM THE SECRETARY

It is with great pride and gratitude that I present to you the Annual Report for the financial year 2024–25. This past year has been one of resilience, growth, and reaffirmed commitment to our mission. This report captures our journey, highlights our collective achievements, and reflects our ongoing commitment to reach out to those most in need.

Guided by our mission, vision, and values, the year has been significant in enhancing access to quality education, scholarships, career guidance, and social and economic support for children, youth, and their families.

As Board Secretary, I have had the privilege of witnessing the unwavering dedication of our team, the trust of our donors, the seamless support of our volunteers, and the transformative impact of our programs on the communities we serve. The Board has remained active in its oversight role, ensuring that we uphold the highest standards of accountability and ethical conduct. To all of you, I extend our sincere thanks.

As we look ahead to the coming year, we remain deeply committed to learning, adapting, and amplifying the impact of our work. We invite you to continue this journey with us—because real and lasting change happens when we walk together.

Seema Paul

Secretary, Executive Board
SAHAY

VISION

Create an equitable, inclusive and sustainable future for all

Fostering relationships to create responsible, empowered communities by investing in children and youth through high impact interventions in education, health, clean environment and employability for an equitable and sustainable future

MISSION



OUR FOCUS

EDUCATION

Early Childhood Care Development
Scholarships
Digital Learning
Better Learning Initiative in Schools
Supplemental Education
School Nurturing Programs
Vocational Education

HEALTHCARE AND WELLBEING

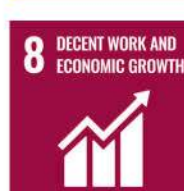
Demand Generation
Nutrition
Adolescent and Reproductive Health
Antenatal and Postnatal Care
Adolescent Anemia
Awareness on communicable diseases
Preventive Healthcare Programmes

SUSTAINABILITY AND CLEAN ENERGY

WaSH, Menstrual Hygiene Management
Plantation Drive
Sustainable Gardens
Safe Drinking Water
Green School Transformation
Sustainable Livelihoods

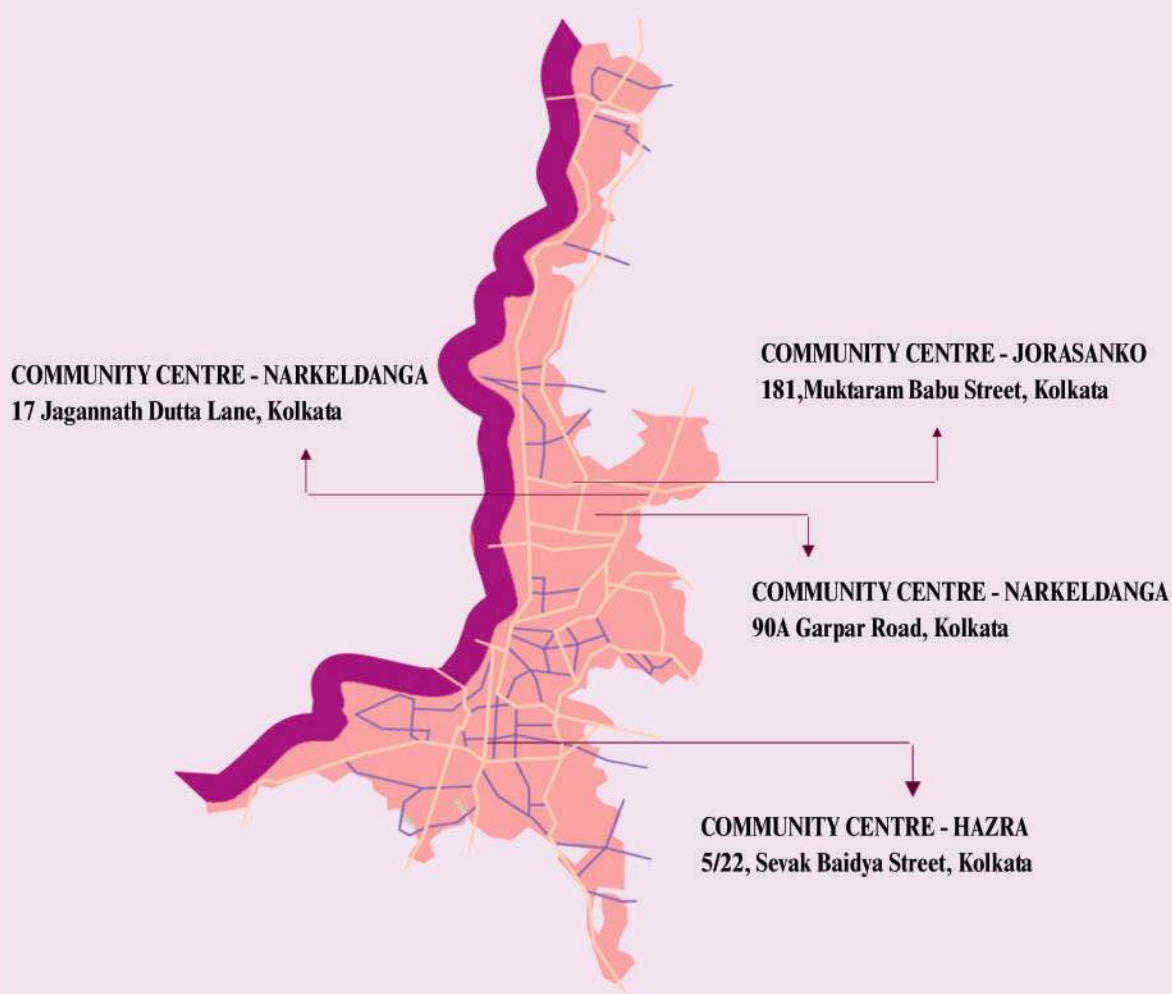
SKILL DEVELOPMENT AND EMPLOYABILITY

Emotional Wellbeing
Social & Financial Literacy
Environmental Literacy
Leadership Training
Digital Literacy
Vocational Training
Job Readiness Training
Entrepreneurship Skill Training
Employability Skill Enhancement



OUR COMMUNITY CENTRES

SAHAY's community centres serve as the foundation for our grassroots engagement, functioning as safe and accessible spaces where several projects are implemented. These centres provide direct support in education, health, child protection, life skills, and community development, ensuring that services reach children, youth and families effectively. They are also platforms for awareness, capacity building and participatory activities, fostering stronger community ownership and sustained impact.





ESSENCE

SAHAY embodies the spirit of care, empowerment and transformation. For over three decades, it has stood as a bridge between vulnerable communities and opportunities for growth, ensuring that children, youth and families have access to education, health, protection and life skills. Rooted in compassion yet driven by professionalism, SAHAY focuses on enabling sustainable change; nurturing resilience, dignity and hope. Its essence lies in being more than just a support organization; it is a trusted partner in building futures, amplifying voices of the marginalized and fostering inclusive development.



EARLY CHILDHOOD CARE AND DEVELOPMENT (ECCD) PROGRAM



Early childhood is the foundation for lifelong learning, health and well-being. However, children from underserved communities often lack access to stimulating learning environments, proper nutrition and hygiene practices during their formative years. These gaps affect not only their school readiness but also their overall physical and cognitive development.



SAHAY's ECCD initiative with the support of Children International ensured that children receive holistic care and development support through fun, engaging and age-appropriate activities that combine health, hygiene, nutrition and early learning. The initiative fostered the holistic development of children aged 3 to 6 years through integrated learning and care and enhanced children's school readiness by promoting cognitive, social, emotional and physical growth. Through this intervention SAHAY encouraged active parental involvement, recognizing it as a cornerstone in strengthening children's development pathways and nurturing their holistic growth.

EARLY CHILDHOOD IS THE FOUNDATION OF HUMAN POTENTIAL - WHERE CURIOSITY, CARE AND LEARNING SHAPE THE PATH FOR A LIFETIME

- Sessions on balanced diets using the “Tricolour Food” method, importance of handwashing and healthy hygiene habits were conducted to make children aware of health and hygiene aspects.
- Supplementary food basket distribution.
- Fun activities to explore the five senses, puzzles and word recognition games for cognitive development of the children.
- Introduction to colours, alphabets and basic words using music, rhymes and prayers through fun games and activities.
- Workshops for parents & children, interactive sessions to promote joint learning, enhance communication skills, active listening and reinforced positive parenting practices.



150 children benefited from ECCD sessions. Parents reported higher levels of confidence and joy in their children's learning journey.

Improved hygiene habits such as handwashing before meals and after play.

Increased awareness about nutrition and healthy food choices among children.

Children developed early literacy and numeracy skills, including letter and colour recognition.

Children developed essential social skills, enabling them to express their feelings constructively.

Reduced the achievement gap between children from disadvantaged and advantaged backgrounds.





Education and health are the twin pillars on which rests the edifice of social wellbeing framework. The year 2024–25 marked the successful implementation of the EduHealth Connect Program, a holistic initiative by SAHAY designed to foster the well-being, education and future potential of children and youth. In today's socio-economic landscape, access to quality health care and education remains a critical determinant of an individual's ability to thrive. Many children and adolescents, particularly from underprivileged backgrounds, face challenges ranging from limited access to essential medical services to inadequate educational support and guidance. In this context, EduHealth Connect served as a bridge to ensure that these young individuals are empowered to overcome barriers and realize their full potential. The program was anchored on two fundamental pillars, Education and Health and by addressing health and educational needs simultaneously, the initiative established a strong framework for holistic social well-being.



EDUHEALTH CONNECT FRAMEWORK

Children and youth from marginalized communities often face interlinked barriers in education and health - poor nutrition, inadequate access to healthcare, irregular school attendance and lack of parental support, which collectively hinder their holistic growth and future opportunities. The holistic framework of EduHealth Connect Program not only promoted better learning and health outcomes but also built resilience, empowered caregivers to actively participate in their children's development and strengthened community ownership, thereby contributing to long-term social transformation.

Health

- Reimbursement of medicine & diagnostic bills
- Emergency referral linkages
- Caregiver sensitization on government health schemes

Education

- Pre-Primary kit distribution
- Educational grants
- Scholarships for higher studies
- Career counselling & life skills sessions
- Sensitizing caregivers on the transformative role of education and fostering active parental participation

Community Awareness

- Environment Day, Youth Day, Children's Day, Sports Day, Volunteers' Day celebrations
- Community campaigns & workshops
- Volunteer Engagement for maximum outreach

SDG ALIGNMENT



Holistic Growth & Future Readiness of Children and Youth

- Improved access to healthcare services
- Strengthened educational outcomes
- Reinforced awareness messages
- Promoted social participation
- Built collective ownership among children, youth, caregivers and the wider community.

PRE-PRIMARY KIT DISTRIBUTION



Children below Grade 1 were identified for the program inclusion through a review of their academic records. Pre-Primary kits distributed to children aged between 2 to 6 years across ensuring children had access to essential school readiness items like bags, umbrellas, tiffin boxes, bottles, colouring materials, school bags etc. Caregivers engaged (90% mothers, 8% fathers, 2% elder siblings) through interactive meetings to understand children's current schooling status (ICDS/private), admission plans, enrollment process awareness, formal schooling options and school readiness requirements.

185 families sensitized on school admission procedures and importance of formal education

Reduced the financial burden for low-income families by providing essential school supplies to 460 children

Strengthened community participation, with mothers playing a central role in decision-making for children's education



Reduced financial burden on families ensuring school readiness support for young learners

4 QUALITY EDUCATION



Fostered parental engagement and nurtured an environment for holistic growth and well-being



EDUCATION GRANT DISTRIBUTION

For many families from economically challenged backgrounds, the cost of schooling including tuition fees, uniforms, books and other essentials, becomes a major barrier to their children's education. Financial pressures often result in irregular attendance or early dropouts, limiting opportunities for growth and future livelihoods - pushing children and youth at risk of becoming part of the NEET (Not in Education, Employment, or Training) category. To address this gap, SAHAY's Education Grant Distribution Program provided targeted financial support to ensure uninterrupted education, reduce dropout risks and encourage academic persistence, thereby helping young learners stay engaged in formal education and reducing the likelihood of them falling into the NEET bracket.



Strengthened household confidence in supporting children's education

Dropout risk reduced by addressing key financial barriers

The initiative aimed to reduce dropout rates by easing the burden of school-related expenses and ensured that children and youth from low-income households receive financial support to continue and complete their formal education.



8,816 school going children and youth (Grades 1–12) from marginalized communities continued schooling without disruption

Support provided through reimbursement of educational expenses such as tuition fees, uniforms, books, stationery and related needs

Systematic grant distribution carried out through NEFT transfer, with strict documentation and verification to ensure transparency and fairness



STRENGTHENING PATHWAYS THROUGH SCHOLARSHIP REIMBURSEMENT

In economically challenged families, education beyond Grade 10 often becomes an unaffordable dream. The rising costs of higher secondary and College education including tuition fees, books and examination charges, frequently push families to deprioritize education in favour of immediate income needs. As a result, many bright and motivated youths are forced to drop out or compromise on their learning. Scholarships play a pivotal role in enabling adolescent girls to continue their education, thereby reducing their vulnerability to early marriage. SAHAY's Scholarship Reimbursement Program provided financial support to deserving youth, enabling them to pursue higher secondary and post-secondary education without financial interruptions. This initiative enhanced retention rates in higher education and ensured that meritorious youth remain enrolled in schools and colleges, complete their education without disruption and are better prepared to pursue meaningful careers.



খেলব পড়ব লিখব জানব
দেখব হুঁচোখ দিয়ে
ডাল-ধন বুঝতে শিখব
তারপরে তো বিয়ে



676 youth were supported through scholarship reimbursement program

This support significantly reduced the financial stress of education-related expenses, making it possible for children, particularly girls to continue their studies beyond Class 10. The assurance of scholarship eligibility linked to academic performance also fostered a culture of commitment and perseverance among students, motivating them to sustain their efforts and aim higher.

As a result, retention in education at the higher secondary and college levels improved markedly. For many, these scholarships not only kept the doors of education open but also delayed pressures of early marriage, paving the way for brighter futures filled with dignity, independence and opportunity.

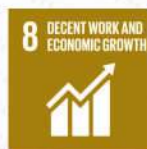
Career guidance lights the
path where ambition meets opportunity....



SPECIAL SCHOLARSHIP FOR LAST-MILE LEARNERS IN PROFESSIONAL COURSES

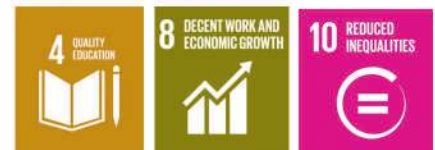
For youth from marginalized communities, the final years of professional education often bring the heaviest financial burden - high tuition fees, exam costs and additional expenses for study materials. Many students, despite their academic potential, are forced to defer or discontinue their education due to these constraints, jeopardizing years of effort and investment. This creates a significant risk of dropouts at a critical juncture, preventing young people from transitioning into gainful employment and contributing productively to society. Special Scholarship for Last-Mile Learner initiative, provided financial assistance to academically deserving youths in the final phase of their professional education, enabling them to complete their courses in Nursing, MBBS, B.Tech, Hotel & Hospital Management, CA, CS and other professional fields for a secure future of dignity, independence and opportunity.

54 last-mile learners were selected across multiple professional streams based on academic merit, financial background and year of study. Students were oriented on scholarship guidelines, required documents and submission timelines. Targeted approach ensured timely and transparent support covering tuition, exam fees and essential learning resources. 100% retention of students in their respective courses with zero dropouts during the support period. Students are now equipped to complete degrees leading to careers in healthcare, finance, engineering and service industries. First-generation learners in professional courses breaking intergenerational cycles of poverty.



CAREER GUIDANCE

In today's rapidly evolving education and employment landscape, many children and youth face challenges in identifying suitable academic streams and career paths. Limited access to career guidance, lack of awareness about opportunities and insufficient support from caregivers often lead to uninformed decisions, school dropouts or mismatched career choices. SAHAY's Academic Guidance Program, in collaboration with 'Career DNA', empowered children and youth to explore their interests, strengths and aspirations, providing clarity on academic and career paths.



Academic and career guidance provided children and youth between Grade 8–12 and out-of-school/dropouts, with clarity on academic and career paths by identifying their interests, strengths and aspirations. This initiative enabled children and youth to make informed decisions about future education plan and career trajectories, fostering long-term personal and professional development.

Orientation sessions were conducted with target beneficiaries and caregivers to introduce the program and its objectives



Psychometric assessments done online and offline to evaluate aspirations, interests, abilities and personality traits



Personalized feedback on learning styles, emotional management, self-discipline, and goal setting; beneficiaries were guided to strategize the action plan for the way forward

Caregiver engagement ensured supportive home environments for education and career choices

CAREGIVER PARTICIPATION IN EDUCATIONAL SUPPORT



"What the best and wisest parent wants for his own child, that must the community want for all its children." - John Dewey

Caregivers were actively engaged in the education program, to foster positive outcomes such as improved student achievement, enhanced communication and a supportive learning environment for the holistic development of the children. The initiative reinforced the importance of caregiver participation as a critical factor in educational success and holistic development of the children. Sessions were conducted to address topics such as regular school attendance, updates from tuition classes and child's developmental milestones. Parents were informed about qualified private tuition teachers in the area to ensure grade specific learning.



Empowered parents as key partners in building a brighter, opportunity-filled future for their children

Caregivers provided insights to optimize grant utilization and enhance program effectiveness



Active caregiver involvement strengthened monitoring mechanisms, contributing to better academic outcomes and targeted interventions where needed

Access to healthcare remains one of the most pressing challenges for marginalized children and families, where financial constraints often lead to delayed or denied treatment. Poor health limits school attendance, concentration and academic performance, creating a vicious cycle of disadvantage. Caregivers sensitized on health ensure children's nutritional and medical needs are met, boosting cognitive growth. By addressing health barriers early, children are better prepared for higher education and employability; they develop into more productive, skilled and resilient members of the workforce. Many caregivers are unaware of available government health schemes resulting in underutilization of available services, further compounding the problem. The health awareness initiatives empower families with vital knowledge about preventive care, nutrition, hygiene and entitlements under public health programs. Complementing this, the reimbursement of medical bills relieves families of immediate financial stress, ensuring that children receive timely medical attention without jeopardizing household stability. Medical reimbursements reduce out-of-pocket health expenses, allowing families to allocate resources toward education and skill development. Education and health together create a foundation for social mobility, preventing intergenerational poverty and enabling communities to thrive.

Awareness to Access
Reducing Burden, Enhancing Well-Being



COMMUNITY HEALTH AWARENESS



Lack of access to accurate health information often leads to late diagnosis, preventable illnesses and high healthcare costs. Families, especially caregivers of children are unaware of preventive measures, affordable health resources and the importance of adopting healthy lifestyles. This knowledge gap contributes to poor health outcomes and financial distress. Community Health Awareness Programs educated caregivers on disease prevention and management, healthy life-

style habits and available affordable medical resources; fostering health-conscious behaviours and empowering communities to make informed health decisions.



3000 caregivers sensitized on health and hygiene and leaflets containing details of referral health institutions were distributed for easy community access

Strengthened community ownership of health practices, reducing long-term healthcare costs



Awareness on preventive healthcare, hygiene and disease management

Reduced healthcare costs through preventive measures and timely interventions

Addressed the knowledge deficit among families regarding available health services and entitlements

Referral linkages; connected communities with affordable healthcare institutions and services

HEALTHCARE SUPPORT THROUGH MEDICAL REIMBURSEMENT

Limited awareness about healthcare coupled with the rising costs of medical treatment, often leaves families unable to address health concerns in a timely manner. When children or youth are diagnosed with chronic or critical illnesses, the expenses for hospital visits, diagnostic tests, medications and specialized treatments can push families into deeper poverty. In vulnerable communities, healthcare costs often become an unbearable financial burden for families. Children and youth, in particular, face heightened risks when critical illnesses go untreated due to financial constraints. Medical bill reimbursement ensures access to continuous, quality medical treatment without interruption. SAHAY aims to reduce the risk of treatment delays caused by financial constraints and promotes health equity among individuals from underprivileged communities. This initiative directly supported families by reimbursing treatment-related medical expenses, thereby enabling access to timely quality medical care.



HOSPITAL VISITS AND ADMISSIONS

PRESCRIPTION MEDICINES

DIAGNOSTIC TESTS AND MEDICAL INVESTIGATIONS

POST-SURGERY AND FOLLOW UP TREATMENT CARE



630 children and youth reached out through this initiative. 21 critically ill were identified through health screenings and reports. The critically ill children and youth were supported through treatment cost, post-surgery and emergency needs. They received direct and timely financial assistance for their medical treatment. Timely medical reimbursement reduced financial stress on families, allowing them to prioritize health over costs, improved treatment adherence through uninterrupted access to prescribed care and increased survival and recovery prospects for children with chronic and critical illnesses.



In today's rapidly changing world, academic knowledge alone is not enough to prepare children and youth for the challenges of life. Life skill training encompassing communication, critical thinking, decision-making, emotional resilience, financial literacy and social awareness, equips young people with the competencies they need to thrive in education, employment, relationships and community life. Life skill training encompassing communication, critical thinking, decision-making, emotional resilience, financial literacy and social awareness, equips young people with the competencies they need to thrive in education, employment, relationships and community life.

The current scenario underscores the urgency of such interventions. Rising uncertainties in the job market, the digital divide, social pressures and vulnerabilities such as early marriage, substance abuse and mental health concerns highlight the need for holistic skill-building beyond classroom learning. Schools and families often focus narrowly on academic performance, leaving a gap in preparing young people for real-life challenges.

Against this backdrop, life skills become highly relevant not just as tools for personal growth but also as enablers of active citizenship. Empowered with self-confidence, empathy, problem-solving abilities and financial and social literacy, children and youth are better positioned to make informed choices, break cycles of disadvantage and contribute meaningfully to society.

FINANCIAL LITERACY



In today's fast-changing socio-economic environment, financial literacy and life skills are critical for adolescents to navigate challenges and build secure, independent futures. Children from underprivileged backgrounds often lack access to structured guidance on self-awareness, rights, responsibilities and money management, which directly impacts their confidence, decision-making and long-term opportunities. Addressing these gaps early ensures that young people are not only academically informed but also practically prepared to lead empowered lives. Financial Literacy Training Program equips children and youth with knowledge and tools for self-reliance and resilience. It was initiated to integrate life skill development with financial empowerment for underprivileged children and adolescents from both urban and rural settings, representing diverse social and economic backgrounds.

Pre-KAP (Knowledge, Attitude, Practice) Assessment to capture participants' initial understanding and perspectives

Interactive discussions on saving habits, responsible spending and recognizing personal strengths

Engagement exercises; storytelling and group activities linking self-awareness with financial decision-making



The initiative focused on equipping participants with essential life skills like communication, problem-solving and critical thinking; encouraged self-exploration and identification of personal strengths. The program-built understanding on planning, saving, budgeting and responsible spending. It fostered responsible habits, reduced vulnerability to exploitation and enhanced confidence to pursue career aspirations. By instilling financial awareness during the formative years of growth, youth are empowered to break the cycle of poverty and build a foundation for independent and dignified lives.

LEADERSHIP SKILL TRAINING

In today's fast-changing world, children and adolescents face challenges that extend beyond academics including low self-esteem, lack of decision-making opportunities, limited exposure to teamwork and minimal awareness of their role as active community members. The Leadership Training Program equipped young minds with the essential life skills and confidence required to become responsible, empathetic and proactive leaders of future. The program was designed to holistically empower children, strengthening their self-awareness and self-esteem while equipping them with essential skills in communication, teamwork and decision-making. It further enhanced their abilities in goal-setting, problem-solving and conflict resolution. It aimed at cultivating confident, capable and responsible individuals. Simultaneously, it fostered a strong sense of social responsibility and community engagement, preparing participants to contribute positively to society and emerge as proactive young leaders.

KEY DIMENSIONS OF LEADERSHIP SKILL TRAINING



The training blended interactive and experiential methods to make learning engaging and impactful. Icebreakers, quizzes and storytelling simplified complex topics like money management and responsibility, while role-plays enhanced communication and empathy. Practical budgeting and investment games equipped participants with essential financial literacy. Community action planning nurtured civic sense and problem-solving abilities. Reflection exercises anchored the sessions, enabling participants to internalize lessons and translate them into personal commitments. Together, these activities not only built knowledge but also strengthened confidence, life skills and social responsibility, ensuring long-term impact.



EMOTIONAL WELL-BEING



Self-Care: Encouraged adolescents to prioritize physical, mental, emotional and social well-being.

Emotional Expressiveness: Equipped participants with skills to identify, manage and express emotions constructively.

Social Support: Reinforced the importance of trusted networks and collaboration in overcoming challenges.

Hope & Optimism: Instilled resilience and a positive outlook for the future through creative visioning.

Adolescents today face growing pressures related to academics, digital exposure, peer influence and personal identity. These challenges often manifest as stress, anxiety or unhealthy coping mechanisms, making it crucial to address emotional well-being, self-care and resilience during this formative phase. However, structured guidance on emotional expressiveness, social support and cultivating hope is often absent in their lives.

SAHAY conducted a series of adolescent emotional well-being sessions that provided safe spaces for adolescents to share, reflect and learn constructive life skills aligned with broader child safeguarding goals. It fostered emotional resilience and developed practical self-care and coping strategies in adolescents for a future-focused mindset. 260 adolescents were benefitted through the sessions.

Safeguarding extends beyond physical Spaces

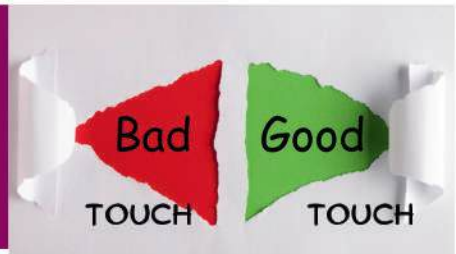
With the rapid growth of digital technology, adolescents are increasingly exposed to the opportunities and risks of social media. While online platforms provide spaces for learning, communication and creativity, they also expose young people to dangers such as cyberbullying, online harassment, scams, exploitation and misinformation. Limited digital literacy and lack of awareness among adolescents make them particularly vulnerable. Recognizing this need, SAHAY conducted a Child Safeguarding Training session on “Social Media and Its Misuse” to build awareness, promote safe practices and empower adolescents to navigate the online world responsibly. The sessions sensitized adolescents about the risks and potential misuse of social media and equipped participants with practical strategies for safe and responsible online engagement.



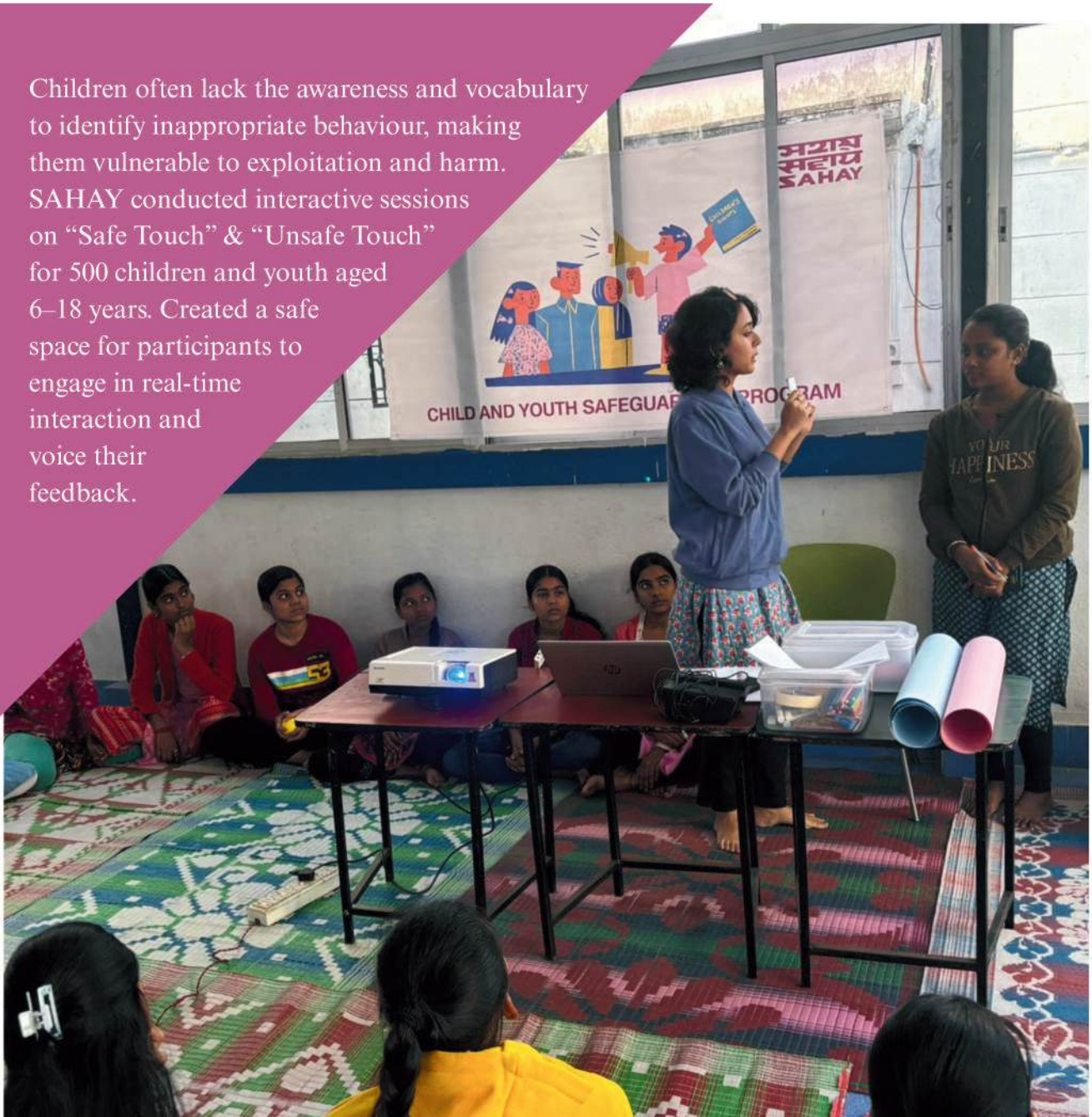
RESPONSIBLE SOCIAL MEDIA USE

The awareness program on responsible and safe social media uses equipped adolescents with critical digital literacy skills, enabling them to navigate the online world with confidence and caution. Participants developed a deeper awareness of cyber risks, learned to identify and mitigate threats and gained practical tools for safeguarding their digital presence. Through interactive methods like case studies and role-play, peer learning was strengthened, fostering a culture of collective responsibility. As a result, adolescents are now more confident in reporting and addressing online risks, ensuring safer and more responsible digital engagement.

CHILD SAFEGUARDING AWARENESS



Children often lack the awareness and vocabulary to identify inappropriate behaviour, making them vulnerable to exploitation and harm. SAHAY conducted interactive sessions on “Safe Touch” & “Unsafe Touch” for 500 children and youth aged 6–18 years. Created a safe space for participants to engage in real-time interaction and voice their feedback.



Awareness is the cornerstone of child safeguarding. Child sexual abuse and unsafe physical contact remain critical yet under-discussed issues in many communities. When children are aware of their rights, they learn to recognize unsafe situations and speak up. When parents, teachers and communities are aware, they become vigilant protectors who create safe spaces for children to grow. SAHAY’s awareness sessions strive to equip children with knowledge and strategies to recognize, resist and report unsafe touches, thereby safeguarding their physical and emotional well-being.



Mobile and Tab serve as critical tools for youth to attend online classes, access E-learning platforms, explore career guidance resources, connect with skill development courses and prepare for competitive examinations. For those pursuing vocational training, the devices provide access to industry-specific content, digital certifications and online marketplaces, widening their employment and entrepreneurial prospects. To ensure continuity of learning and skill development beyond the sponsorship program, SAHAY with the support of Children International distributed mobile phones and Tabs to graduating youth. The initiative aimed to empower young people with digital access, enabling them to use technology for both educational purposes and vocational training opportunities.

MOBILE AND TAB DISTRIBUTION



SPECIAL DAY OBSERVANCES

Observing important days goes beyond festivities, it becomes a platform to raise awareness, foster unity and inspire action within communities. These celebrations provide children, youth and caregivers the opportunity to showcase their talents, build confidence and engage in meaningful dialogue around social issues. These initiatives strengthen community bonds, reinforce cultural identity and highlight shared values of inclusion, responsibility and collective growth. By linking awareness with participation, these events transform into powerful learning experiences that nurture active citizenship and contribute to holistic development.



On November 14, 2024, SAHAY celebrated Children's Day across five locations, engaging 540 children in a vibrant mix of activities. The event began with a lamp-lighting ceremony, followed by energetic cultural performances, magic show, poem recitations and a lively quiz contest that combined fun with learning. Gifts and food packets distributed to ensure that every child left with joy and a sense of being valued. The celebration reinforced the importance of cherishing and upholding their rights.



On August 12, 2024, SAHAY celebrated International Youth Day at Ram Mohun Hall in collaboration with local youth organizations, bringing together young achievers and performers in a spirited gathering. Highlights included motivational speeches, cultural performances, recognition of academic excellence, an extempore competition, quiz on current affairs and career guidance, where high-scoring students were honoured with medals and prizes. The event concluded leaving the youth inspired and motivated to pursue their aspirations.



SAHAY celebrated World Environment Day engaging children and youth in creative and educational activities. Highlights included drawing and poster competitions, celebration featuring documentary screenings, dance dramas and fancy-dress performances on themes like tree conservation, water preservation and the 3Rs (Reduce, Reuse, Recycle). Winners were awarded saplings plants as eco-symbols. The event concluded with messages of sustainable living and youth-led environmental action.

*Celebrations with purpose:
driving awareness and nurturing holistic growth*



On 9th February 2025, SAHAY with the support of Children International hosted Sports Day at Rabindra Sarobar Stadium, Kolkata bringing together 324 children and youth. The day featured exciting events such as 50m race, relay, Kho-Kho, three-legged race, Haari Bhanga and Ring Toss, alongside a march past and cultural performances. Chief Guest Mr. Arpan Chhetri (Indian National Rugby Team) inspired participants with his journey. The event reinforced the power of sports in building teamwork, discipline and confidence among children and youth.



On 27th October, 2024, SAHAY celebrated Volunteer Day at Rotary Sadan, honouring the dedication and contributions of its volunteers. The event featured an opening dance performance, a poetic recitation by volunteer Momina Bibi and an engaging quiz contest. A vibrant cultural performance by volunteers across locations showcased their spirit, followed by a heartfelt closure note by SAHAY team. The day concluded with gift and lunch, leaving volunteers motivated. The celebration highlighted the power of volunteerism and collective impact.



On 3rd March, 2025, SAHAY celebrated its 36th Foundation Day, bringing together children, youth, volunteers and staff in a spirit of joy and reflection. The event featured an inspiring introduction to SAHAY's mission, vision and values, followed by a cultural program with performances by staff and youth. An interactive "Act & Guess" game fostered teamwork and fun, while the Memory Wall activity captured heartfelt reflections from participants. Youth, volunteers and staff also shared their personal journeys, adding depth and meaning to the celebration.

PERFORMANCE AT A GLANCE



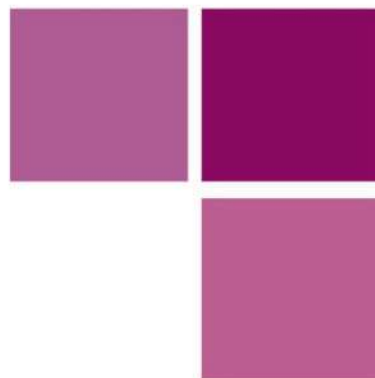
PROGRAM	BENEFICIARY OR PARTICIPANT
Grant	8846
Scholarship	676
Medicine Bill Reimbursement	581
ECCD Workshops Attended	150
PP Kit Distibuted	464
Career Guidance	698
Financial Literacy	60
Leadership Training	60
Emotional Wellbeing	60
Child Safeguarding Awareness	500
Caregivers meeting on Education	1212
Caregivers meeting on health awareness	3080
Educational Kit Distribution	205
World Environment Day Celebration	857
Children Day Celebration	484
Youth Day Celebration	543
Sports Day Celebration	428
Volunteer Day Celebration	140

OUR TEAM

At the heart of SAHAY lies a dedicated team whose passion, resilience and commitment drive every milestone we achieve. With unwavering spirit, our staff, volunteers and board members work hand in hand to transform challenges into opportunities and ideas into impactful action. Guided by the principles of participation, inclusivity and accountability, the team ensures that programs are need-based, community-driven and impact-oriented. SAHAY's approach combines grassroots engagement with evidence-based strategies, aligning local realities with broader development goals. By fostering collaboration with stakeholders and continuously adapting to emerging needs, the team translates vision into action and action into measurable change.



The team's collaborative energy, professionalism and compassion continue to strengthen the trust of our partners and the hopes of our beneficiaries. It is this shared spirit that keeps SAHAY moving forward - empowering communities, nurturing futures and creating lasting change.



MESSAGE FROM OUR PARTNER

It is an honor to recognize SAHAY's outstanding work over the past year. As a valued partner in our shared mission to uplift children and youth, SAHAY continues to lead with dedication and compassion across communities in West Bengal.

We acknowledge the progress made through the project grant, which provided essential financial support for education and medical needs during emergencies. These timely efforts ensured children and youth had access to learning and critical care when it mattered most.

This year also marked a key milestone in our partnership through the Institutional Development Grant, which supported SAHAY's path to long-term sustainability. From strategic planning and fundraising to strengthening its digital presence, SAHAY has embraced growth with purpose.

Children International is proud to support SAHAY's journey toward becoming a stronger, more resilient organization. As we look ahead, we celebrate the thousands of children and families whose lives have been positively impacted. Your commitment inspires us. Together, we are building a future filled with hope, opportunity, and lasting change.

With respect and solidarity,

Kirtimayi Mishra

Director, India Operations

Children International Project

36 YEARS OF SUPPORT, TOGETHER FOR TOMORROW

A donor visit was organized on 22nd May 2024 at SAHAY, Kolkata, welcoming representatives from our partner Children International. The purpose of the visit was to review SAHAY's ongoing initiatives and acknowledge the invaluable support of our partner Children International in advancing our mission. The visit aimed to strengthen engagement between Children International (CI) and SAHAY by reviewing ongoing projects, reflecting on challenges in new initiatives, sharing perceptions of partner collaborations and collectively appreciating donor contributions that make this journey possible. Children and youth showcased their talents through song and dance performances, creating an atmosphere of joy and togetherness. The CI delegation appreciated SAHAY's efforts, growth mindset and community-driven initiatives, acknowledging the role of the Board in providing strategic leadership. The appreciation from CI leadership further strengthened SAHAY's resolve to continue innovating and delivering meaningful change for children, youth and families across communities. We look forward to many more such engagements that celebrate milestones, exchange learnings and inspire us to strive for greater impact.

The visit was a strong reminder of the shared mission of creating lasting change for children and communities. Heartfelt gratitude to Children International for their unwavering support, guidance and recognition



Partnerships that
empower and create
pathways of hope



“
Since childhood, SAHAY has guided my journey - through scholarships and life-changing trainings. During lockdown, they gave me a tablet as a gift so I could attend online classes and later their scholarship made my dream of pursuing engineering possible by covering college and hostel fees. Today, I work in the IT sector as a software engineer, all because of SAHAY's unwavering support. _____ Ayush
”

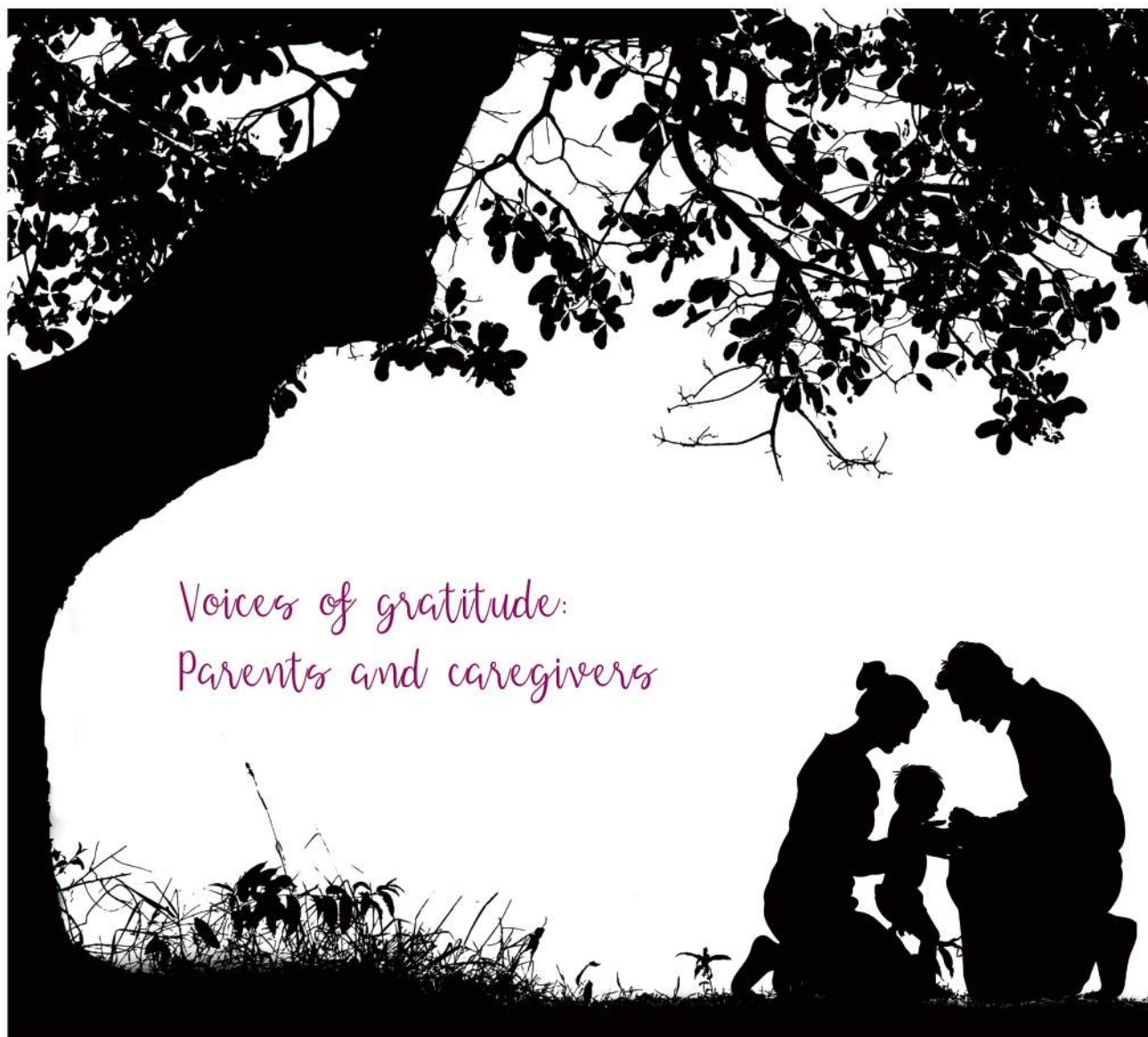
“
Since childhood, SAHAY has been my second family - caring for my health, school and tuition fees, and later helping me complete my graduation. The HOPE scholarship eased my semester fees and reduced the financial burden on my parents. I would not have come this far without SAHAY's constant care and support. _____ Taniya
”

*Dreams empowered,
futures transformed*

In their own words....

“
SAHAY has been part of my life since 2006. After my 10th exam, their scholarship gave me the courage to dream big. During my master's, their generous scholarship even enabled me to buy a laptop, which was essential for my studies. I know I could not have reached where I am today without SAHAY's support. _____ Brinta
”

“
For me, SAHAY is god-gifted. From scholarships to moral encouragement, they have always stood by me. When my parents had to mortgage everything for my nursing course, SAHAY's scholarship helped us recover our belongings and relieved my financial stress. Today, as I step into my nursing career, I carry their support in every achievement. _____ Suhana
”



“

SAHAY has been a true lifeline for our families. When my daughter needed surgery, their financial support gave us strength during a time of despair. They have also supported her education, ensuring I never had to worry about her well-being or future. Beyond our family, SAHAY has touched the lives of many in our village, whether through scholarships, health care or trainings. Our children have learnt valuable lessons, like how to save money and resources and have benefitted from timely medical help. In emergencies, when local facilities could not meet our children's needs, SAHAY ensured they were taken to Kolkata for proper treatment. Without SAHAY, such care and opportunities would have been beyond our reach. For us, SAHAY is not just an organization - it is hope, guidance and a second family. Truly, Our SAHAY, Our Hope.

”

Each voice echoes the profound impact of support that goes beyond assistance - it is about dignity, confidence and empowerment...

BALANCE SHEET AT ATN 31ST MARCH 2025

Amount (Rs)

Assets	31st March 2025	31st March 2024
Current Assets, Loans and Advances	21,699,050	32,275,343
Fixed Assets	35,297,016	38,777,302
Capital Work-In-Progress	-	-
Total	56,996,066	71,052,645

Amount (Rs)

Liabilities	31st March 2025	31st March 2024
Capital Fund	56,620,368	70,372,524
Earnest Money	24,418	24,418
Current Liabilities & Provisions	351,280	655,703
Total	56,996,066	71,052,645

FINANCIAL STATEMENTS

INCOME AND EXPENDITURE FOR THE YEAR ENDED 31ST MARCH 2025

Amount (Rs)

Income	31st March 2025	31st March 2024
Contribution Received	72,363,727	147,719,852
Other Income	2,044,229	1,644,169
Total	74,407,956	149,364,021

Amount (Rs)

Expenditure	31st March 2025	31st March 2024
Administrative Expenses	8,793,032	18,596,563
Programme Expenses (Note 1)	76,436,671	75,453,002
Depreciation / Amortisation & Impairment Expenses	2,930,409	3,937,625
Loss of Sale of Assets		382,757
Total	88,160,112	98,369,947
Excess / (Deficit) of Income over Expenditure carried to Capital Fund	-13,752,156	50,994,074

FINANCIAL STATEMENTS

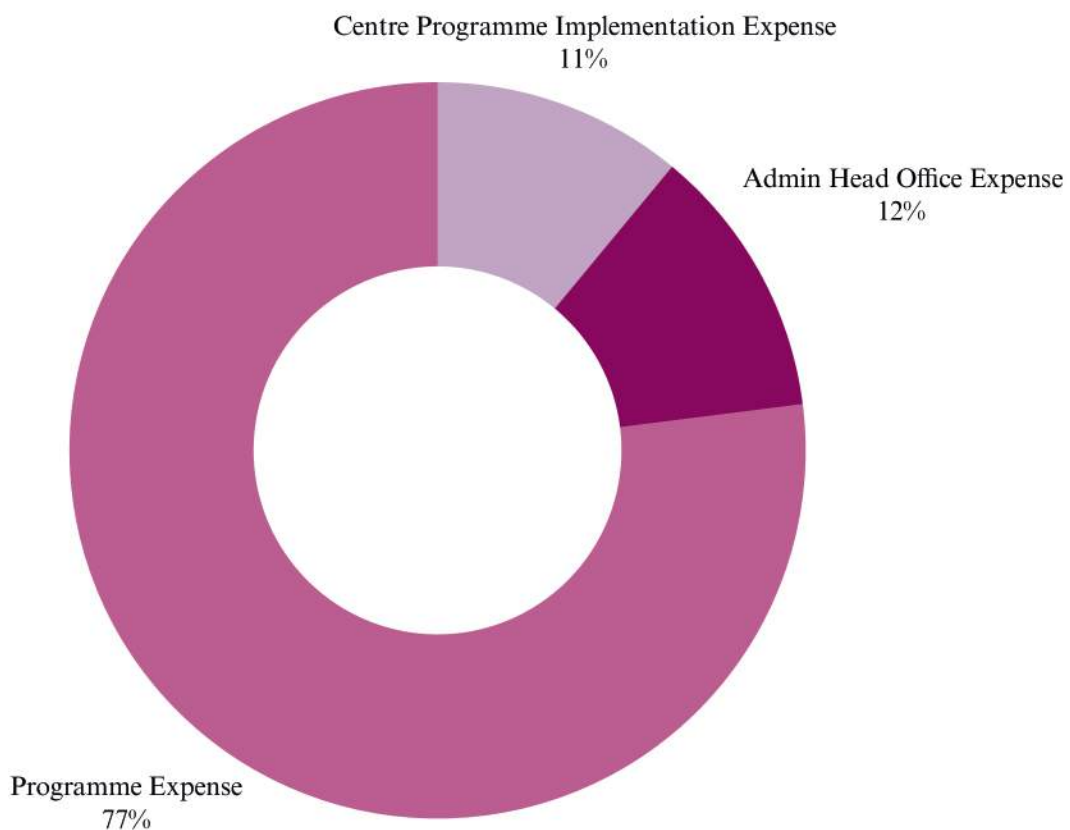
PROGRAMME WISE EXPENSES FOR THE YEAR ENDED 31ST MARCH 2025

Amount (Rs)

Programme Expenses	31st March 2025	31st March 2024
Educated Programme Expenses	57,839,130	18,962,678
Into Employment Programme Expenses	-	6,198,529
Health Equity Program Expenses	2,974,577	4,132,116
Special Project Expenses	5,023,203	6,048,657
Training and Development Expenses	594,350	677,363
Connecting with Families	-	181,667
Life Skills Program Expenses		979,738
Economic Assistance Program Expenses		15,844,140
Children/Sports/Youth/Environment Day Celebration	1,125,365	
Child Safeguarding Program	59,319	
Program Implementation Expenses	8,820,727	22,196,014
Universal Values & Other Activities Program Expenses		232,100
Total	76,436,671	75,453,002

FINANCIAL STATEMENTS

Financial Year	Percentage of expense
Centre Programme Implementation Expense	11
Admin Head Office Expense	12
Programme Expense	77



We sincerely thank our dedicated team whose hard work and commitment have enabled SAHAY to channel more resources into programs this year, changing more lives than ever before. We also take pride in being adept at utilizing funds responsibly and transparently, ensuring that every contribution is directed towards creating maximum impact in the lives of children and communities we serve.

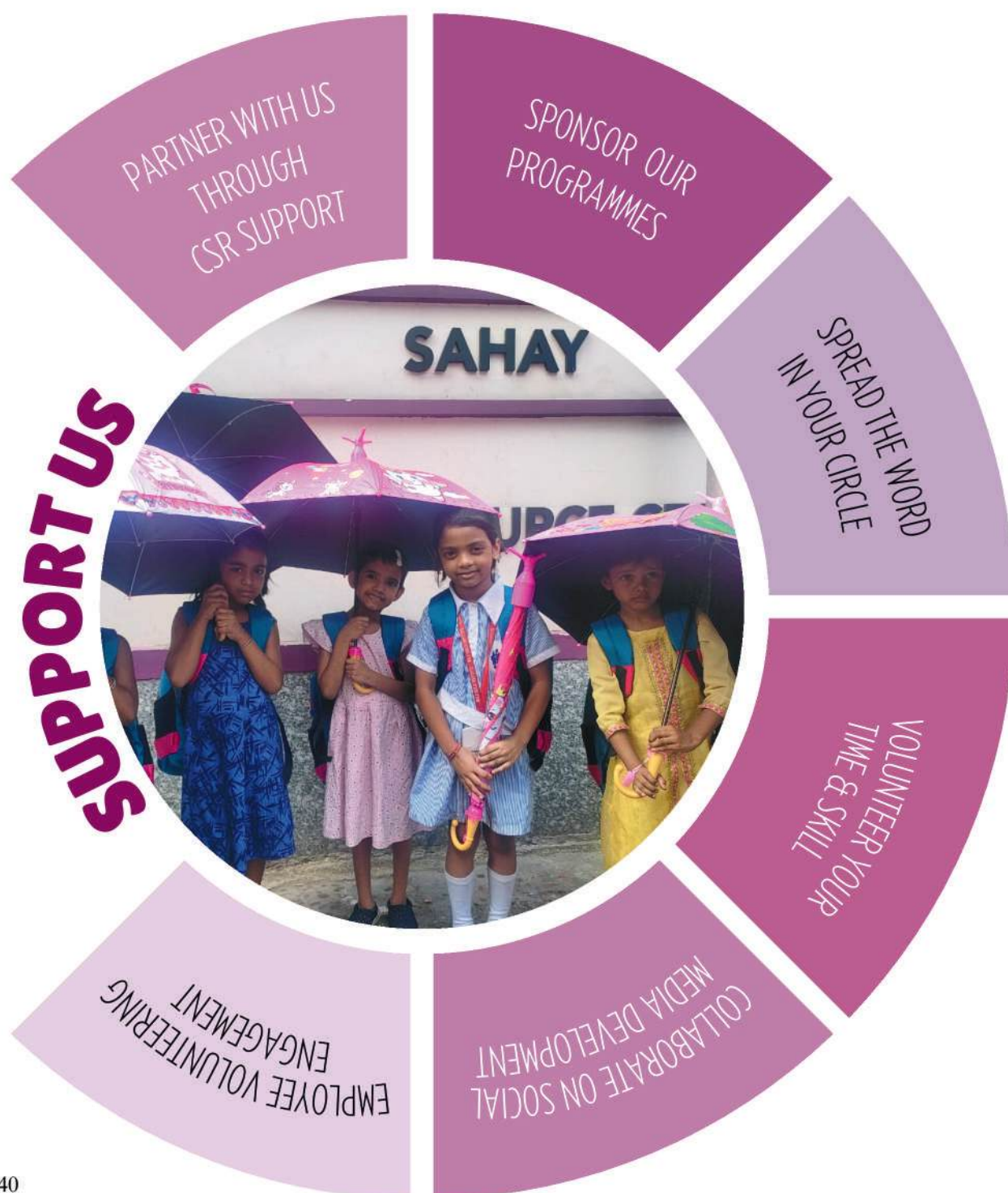
OUR AUDITOR:

THAKUR VAIDYANATH AIYAR & CO

OUR BANKERS:

STATE BANK OF INDIA, NEW DELHI, BRANCH, 11 PARLIAMENT ROAD
 KOTAK MAHINDRA BANK, 95 PRIYA CINEMA BUILDING, RASH BEHARI, KOLKATA
 INDIAN OVERSEAS BANK, LAKE MARKET BRANCH, 89 RASH BEHARI AVENUE

At SAHAY, we believe that every child and family deserves the opportunity to dream, grow and thrive. For over three decades, we have been walking alongside underprivileged communities in West Bengal, ensuring access to education, health, life skills and holistic development. None of this would have been possible without the generous support of our well-wishers, donors and partner who continue to believe in our vision of dignity and empowerment for every child. Your support can help us reach more children, address more needs, and create a stronger, more inclusive future. We invite you to join hands with SAHAY and make a lasting difference.



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SAHAY

ANNUAL REPORT

2024 - 25



SAHAY

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Website: sahay.org.in

Registered with the West Bengal Society Registration Act, 1961 No. S/63545 of 1989-90