



HRUDAYALAYAM (SCHOOL FOR MENTALLY CHALLENGED CHILDREN)
SOCIETY FOR AWARENESS AND HOLISTIC ACTIVITIES BY YOUTH
(Reg. No.241/2006)

Regd. Off : D.No. (226/551) 25-1-589, Postal Colony, A.K. Nagar, Dharga Mitta, Nellore-524004, A.P., India.
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Please spare few minutes of your valuable time to know about our activities and participate by contributing for the noble cause of serving the mentally retarded children. You may please visit our special school, Hrudayalayam, (located near Polavaram and Patti seema) to understand our efforts and requirements of the children with mental retardation.

I. About our Organisation and activities: SAHAY is a non-profitable Organisation (NGO) and **registered** society (Regd. No 241/2006) that has been working in Tallapudi village, West Godavari district, Andhra Pradesh since 2006 to carry institutional activities for the welfare of people with Mental Retardation (MR) in rural and tribal areas where specific services for them are not available from either the Government or other NGOs. Its objectives are to identify and provide medical aid, education and rehabilitation to mentally challenged people; conduct community awareness programs on preventing mental retardation. Our aim is to serve MR people hailing from families living in poverty. For this cause, SAHAY established a **special school, HRUDAYALAYAM** in 2009, to provide all basic services like boarding, lodging, medical aid, education, uniforms, skills development, rehabilitation and recreational facilities **at free of cost** to the MR children of different categories - orphans, semi orphans, HIV/AIDS affected children and multi disabled people etc. The following services are being provided at our special school –

- **Free special schooling** for 42 mentally retarded children by providing free physiotherapy, speech therapy, medical aid etc.
- **Free vocational training.**
- **Free hostel accommodation** is being provided to 32 mentally retarded people “without age limitations”.
- **Free shelter** for missing persons received from district child welfare committee through child-line service.
- **Free out-patient (OP) services** for not only to disabled children but also to other disabled persons without age limitation.
- **Free Family counseling** center for parents of MR children.
- **Community Awareness Programs** on - measures that prevent birth of MR children, prevention of disability in children (ICDS), back to school, sanitation, environmental issues, HIV awareness, Human rights, old age problems, Pulse polio camps.

SAHAY is the **only institute** for MR extending above services **without age limitation** for such people. **Please read the attached brochure for more details.**

II. Beneficiaries: Our institute serves MR people coming from 15 taluqas of **(a) West Godavari** district namely - Ananthapalli, Buttayagudem, Bayyengudem, Chagallu, Kovuru, Malakpalli, Nallajerla, Nidadole, Polavaram, Thallapudi, Tadepalligudem; **(b) East Godavari** district - Kakinada, Rajahmundry, Raja nagaram; **(c) Vizag** district – vizag.

At present, we are serving 42 MR children including 32 residential children of which 17 are orphans and 8 are semi-orphans; and 10 day scholars. Gender wise, 25 male and 17 female persons get benefit from Hrudayalayam. 12 full-time and 5 part-time persons are employed to help these students.

We incur monthly expenditure of Rs 1, 45,622 to run this special school i.e. Rs 3,467 per child. **Please read the attached ‘monthly recurrent Exp’ to understand the items of monthly expenditure.**

III. Sources of Funds: Ours is the **only** organization for mentally retarded people that is working in rural and tribal areas of AP with our own funds without government funding. Presently, we are unable to meet all the expenses of the school. So, we humbly appeal you to **extend the financial support** to cater the needs of children with mental retardation. Please **become a participant in this great endeavour** by sponsoring one of the major items of expenditure given in attached files ‘Monthly Recurrent Exp.pdf’ and ‘Fixed Assets Requirement.pdf’.

IV. Please help us by:

- Giving donation on the **Birth day** or **Marriage day** of your family members and on your **Office day**. You can celebrate it with our children in the residential school. Also on the death anniversary day, if any, of your beloved family members.
- Sponsoring Yearly expenditure for cloths (Rs 42,000)
- Sponsoring **yearly expenditure of a child** (Rs 38,500)
- Sponsoring monthly expenditure for Rice (Rs.18,000)
- Sponsoring monthly expenditure for provisions (Rs.17,000)
- Sponsoring monthly salary of a physiotherapist (Rs 6,000)
- Sponsoring monthly salary of a special Educator (DMR) (Rs. 4,800)
- Sponsoring a **day's expenditure of the home** (Rs. 4,500)
- Sponsoring **monthly expenditure of a child** (Rs. 3,500)
- Sponsoring monthly salary of speech **therapist** (Rs. 3,000)
- Sponsoring monthly salary of an **Aaya** (Rs. 3,000)
- Sponsoring Monthly Expenditure to **Medicines** (Rs. 3,000)
- Sponsoring any one of the items (of recurring expenditure) belong to food, medicines, salaries, utilities, hygiene maintenance and hostel expenses; community awareness activities listed in the attached PDF
- **Donating NEW or** previously **used items** (of non-recurring expenditure) belong to furniture, kitchen, hostel items, class room needs and others listed in the attached file 'Fixed Assets Requirement.Pdf' which are instrumental in the rehabilitation of MR children. If that gently used item is in good condition and is repair-free then please talk to our contact person (referred in V(C)) about your intent.
- **Mobilise your** friends/employees/neighbours to collectively sponsor one of the needy items.
- **Circulating this message** to your friends and relatives requesting them to help MR children
- **Becoming a volunteer** in mobilizing support from others for this noble cause.
- **Visiting our special school**, Hrudayalayam to understand our efforts, requirements of the children with mental retardation and to give the suggestions also for improving the services, we render.

V. How to send the funds-

A) You can send funds from your bank to our bank, at par, by internet (online) banking using NEFT facility. Our Bank account details are-

A/C No: **1341101052844** (Savings Bank)

Account Name: Society for awareness and holistic activities by youth

Bank: CANARA Bank

Branch: Gutala branch

IFSC Code: **CNRB0001341**

Note: After sending the funds, please inform us by email/SMS giving your name and address.

B) You may please send crossed bank cheque favouring "Society for Awareness and Holistic Activities by Youth" to our school by post to the following Address

Hrudayalayam Special School

Society for Awareness and Holistic Activities by Youth (SAHAY)

D.No. 7-84, Main Road, Tallapudi (Post),

West Godavari Dist, A.P, Pin: 534341

C) Please feel free to discuss with our **contact person** Mr. Dande Ganesh babu for further details. His Cell No is **9493308199** and Email address is sahay_helpinghands@yahoo.in